



Sidney-Shelby County YMCA 2008 Annual Report

CEO's Message

The year 2008 was a historic and exciting one for the Sidney-Shelby County YMCA. As we look back on all the activities and impacted lives in our 40 year history of serving the Shelby County area, 2008 will always be remembered as a year of change, growth and inclusion. We are proud of our heritage and our place as a "bright and shining star" within our community, providing needed help and support to those we are fortunate enough to serve.

Children, families, and adults of all ages are the beneficiaries of all the growth and expanded services that we have witnessed this past year. As we carry on our mission of putting Christian principles into practice through programs that build healthy spirit, mind, and body for all, our YMCA continues to respond to the needs of children and families struggling to meet the challenges of today's economic realities.

As you read through our Annual Report, you will see a small sampling of the highlights of our year. We are grateful to our community partners for helping us provide opportunities to people of all ages, religions, and cultural backgrounds. Our community partners and volunteers are truly the "shining stars" of our association.

Looking back, 2008 was a wonderful year for our YMCA! We look forward to many more years of providing services and expanding our mission within the Greater Sidney and Shelby County community. Thanks to each of you for your continued help and support!

Ed Thomas, CEO

Vision:
The Sidney-Shelby County YMCA will be the hub of community activity and the recognized leader in lifelong health and wellness where children are nurtured through character development, teens are empowered, families grow stronger and older adults are engaged.

YMCA Board President 2007-2008 Phil Gilardi

As the Board President of the Sidney-Shelby County YMCA since April of 2007, Phil first became involved as a Board member in March of 1996. Under his direction and leadership, the YMCA has continued to grow and flourish. Blessed with an ability to create strategic plans, Phil helped lead the charge to identify four core areas of emphasis that have served us well for the past three years: Membership Development, Older Adult Programming, Creating Collaboration Opportunities, and increasing the services to Youth & Teens. In addition to the Strategic Plan a new Vision Statement was developed to support these initiatives: "The Sidney-Shelby County YMCA will be the hub of community activity and the recognized leader in lifelong health and wellness where children are nurtured through character development, teens are empowered, families grow stronger, and older adults are engaged."

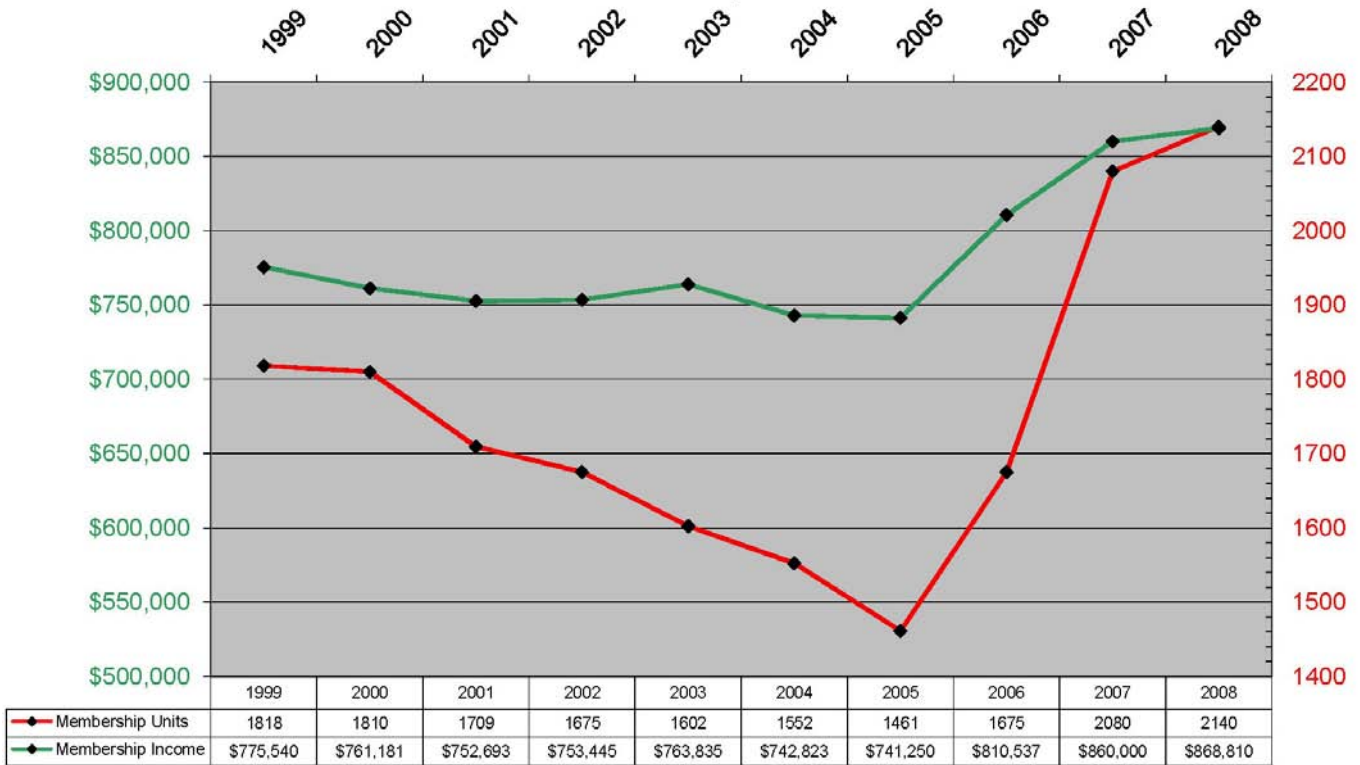


In addition to serving as Board President of the YMCA, Phil Gilardi is President and Co-Owner of Freshway Foods, Sidney, Ohio. He and his brother, Frank, co-founded the fresh-cut produce processing operation in February 1988. They started the business supplying fresh-cut produce to restaurants and wholesalers in Columbus, Dayton and Cincinnati, Ohio after working in their father's produce company for 10 years. Today, Freshway Foods is a customer-focused, industry-leading niche producer and marketer of fresh-cut fruits and vegetables that services customers throughout the eastern United States east of the Mississippi River to include 60% of the U.S. population, and is within 12 hours of every market.

Born and raised in Sidney, Ohio, Phil resides with his wife and two children. In addition to the YMCA's efforts he is involved in various fundraising committees through Lehman High School and Holy Angels Church.

Phil would be the first to acknowledge that it takes the combined effort of all the YMCA Board Members, Staff, Volunteers, and Contributors to accomplish all that the YMCA has to offer and provide. But it is equally true every organization requires a strong and dedicated leader, for which the Sidney-Shelby County YMCA has been tremendously blessed to have been served by Phil for these combined past 13 years.

10 Year Actual Membership Income/Units



2008 Retention Rate: 69.07%

2008 marks the third consecutive record year.

Summer Day Camp CATCH Program

In the summer of 2008, the YMCA's Summer Day Camp program added a new nutrition and physical fitness component. For 12 weeks, 79 children aged 5 to 12, participated in the CATCH (Coordinated Approach to Child Health) and the President's Physical Fitness program as part of the daily camp curriculum.

Designed as a purposeful wellness program for children who are health seekers, CATCH aligns with the YMCA of the USA initiatives and objectives for Activate America.

In our quest to develop the whole child, we sought new, fun and challenging ways to help children improve their overall wellness. Many children are overweight and do not understand how to make healthier food and fitness choices. Through this program each child set fitness and nutrition goals at the beginning of the summer. They then

tracked their daily physical activity and food choices through the end of the summer. This allowed the children to see if they met their original goals and to focus on areas which needed more improvement.

The camp curriculum also included nutrition education classes sponsored by Wilson Memorial Hospital. In addition, nutrition education materials were distributed to the children and parents throughout the summer. This part of the curriculum made the children more aware of making healthier daily food choices.

The primary focus was to help children understand how to make better nutrition and fitness choices on a daily basis for improved long term health. Plans are already in place to expand upon this

program by providing more opportunities for our children to foster life-long habits to improve the quality of their lives.



Mission:
To put Christian principles in to practice to benefit all Shelby County residents through programs that build healthy spirit, mind and body for all.



TRIANGLE OF HONOR

Created in the year 2008, the Triangle of Honor represents the highest and most prestigious recognition award the Sidney-Shelby County YMCA has to offer. The Triangle of Honor is so named to remind us of the significance of the YMCA Triangle which appears in its logo. Conceptually, each side of the Triangle represents one area of meeting the needs of the whole person involving spirit, mind and body. Based on this principle, the YMCA believes that in order to achieve the full potential of each person all three areas must be equally served.

The purpose of the award is three fold: first and foremost, it is to honor those individuals who have made a significant contribution to the success of the Sidney-Shelby County YMCA. Secondly, it is intended to keep those outstanding individuals that have been recognized to remain connected to the YMCA. And finally, it is hoped that this prestigious award would serve as an inspiration to others, especially young aspiring leaders of our community.

In the fall of 2008, in conjunction with the celebration of the Sidney-Shelby County YMCA's 40th Anniversary and Heritage Club Dinner, the first inductees were honored. They include: Richard Henke, the first YMCA President and the lead volunteer organizer who brought the YMCA to our community. Bill Ross Jr. & Betty Ross who donated the land the YMCA facility is located on today. The third honoree was Frank Gleason Jr. who chaired the most successful capital campaign ever conducted in Shelby County.

These individuals are honored in the main lobby in a beautiful "Triangle of Honor" display. The Sidney-Shelby County YMCA is richly blessed to have such individuals who gave selflessly and generously so that others could benefit from their actions.

Board of Directors

Phil Gilardi, President
 Bob Eck, Vice President
 Jeff Sargeant, Secretary
 Jeramie Sollmann, Treasurer
 Kathy Westerheide, Past President
 Kurt Barhorst
 Tim Echemann
 Shelly Ginter
 Luann Hockaday
 Joshua Koltak
 Linda Meininger
 Christa Morris
 Jim Tennyson
 Jerry Vanderhorst
 Chuck Westerbeck
 Ron Wolfe

- Approximately 1500 individuals each year receive full or partial assistance for memberships and program participation. Assistance helps provide opportunities for such things as teen leadership programs, swimming lessons, childcare and many other vital services and programs.

Financial Report

December 31, 2008

	Internal 12/31/2008	Audited 12/31/2007
ASSETS		
Cash & Cash Equivalents	180,930	183,366
Certificates of Deposit	20,000	30,000
Accounts & Interest Receivable	40,941	72,865
Promises to Give:		
United Way	42,500	42,500
Contributions	0	880
Inventory	1,257	1,761
Investments	2,256,657	2,705,681
Facilities & Equipment		
Net of Accumulated		
Depreciation	3,145,315.23	3,270,079
Deposits & Prepaid Expenses	1,000	9,103
TOTAL ASSETS	5,688,600	6,316,235
LIABILITIES & NET ASSETS		
Accounts Payable	88,750	64,481
Employee Withholdings	4,534	5,410
Sales Tax Payable	6,157	5,209
Accrued Expenses	16,078	17,514
Deferred Membership Income	24,800	24,801
TOTAL LIABILITIES	140,319	117,415
NET ASSETS	5,548,281	6,198,820
TOTAL LIABILITIES AND NET ASSETS	5,688,600	6,316,235

Heritage Club Members

John and Kathy Amos
Jon and Kay Baker
Kurt and Connie Barhorst
Devon and Sandy Beer
John and Jan Beigel
Betty Bennett
Walt and Carol Bennett
Ken and Jeanie Bosslet
Bruce and Judi Boyd
Sam Casalano
Tim and Mary Pat Echemann
Rafe and Barbara Echemann
Bob Eck
Ronda Fogt
John and Rebecca Francis
Dan and Jean Freytag
Bill and Miriam Fry
Paul and Wilma Gahagan
John and Debra Garmhausen
Dave and Arlene Gates
Frank and Julie Gilardi
Phil and Trina Gilardi
Gary and Shelly Ginter
Mick and Vickie Given
Tom and Mivi Given
Don and Bev Goettemoeller
Tony and Jennifer Hall
Dick and Virginia Henke
Scott and Marsha Hinsch
Rick and Luann Hockaday
Ralph and Clara Keister
Rudy and Rhonda Keister
Jim Kerg, Jr.
Tom and Sharon Kramer
Connie Lewis
Mike and Marla Lieber
"Boots" Manchester
Dick and Virginia Matz
Marvin and Linda Meininger
Carl and Ginny Mertz
Doug Millhoff
Larry and Christa Morris
Kevin O'Leary
Charlyne Perrine
Dale and Jane Peterson
Tom and Jana Potts
Michael Puckett
Steve and Cathy Rieke
David Ross
Bill and Patti Ross
Dennis and Donnajean Ruble
Dean and Kelly Ruwe
Ron and Marlys Schauer

Nettie Schlater
Tom and Sandy Shoemaker
Dave and Julie Shuffelton
Forest Slagle
Dennis and Rita Sollmann
Jeramie and Kara Sollmann
Michael Stark
Mark and Diana Stites
Jim and Belinda Tennyson
Ed and Edwinna Thomas
Raul Tramontana
Jerry and Angie Vanderhorst
Paul Waldsmith
Rich and Susan Wallace
Tom and Polly Watkins
Randy and Roxanne Welsh
Chuck and Janet Westerbeck
John and Kathy Westerheide
Susan D. Watren
Bob and Fran Zielsdorf

In Loving Memory

J. Oliver and Peg Amos
William T. and Dottie Amos
Violet Danzig
Mr. and Mrs. C.J. Douglas
Ruth Emmons
Mary Gross
Naomi Henke
Irene Jarfas
Peg Kramer
Carroll Lewis
Charles Manchester
Emily Miller
Bill & Betty Ross
Herb Schlater
Louise Sheets
Betty Slagle
R.J. Stolle
Betsy Tramontana
Attie Ver Pence
Cecil and Ethel Watkins
Mary Watson

The YMCA Heritage Club is a prestigious group of individuals who have supported the YMCA Endowment Fund with an outright gift of cash or securities, or who have made provisions for the YMCA in their estate planning.